



On the first and third Wednesdays of the month (except December) members of All Saints host a community meal for anyone who wishes to come.

This outreach program was started in April of 2008. It originally was the dream of long time member Betty Keister. Betty's vision was to open our doors to the community for a nutritious meal served in a pleasant atmosphere. This became possible when All Saints Episcopal Church received a grant from Operation Understanding of the Diocese of Central Pennsylvania. This was used to purchase commercial refrigerators, a freezer and food for the first few meals.

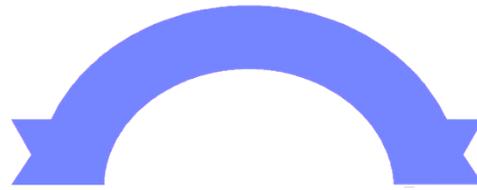
From this beginning, Martha's Table has grown from thirty meals served to more than ninety twice a month. We now receive products from Pennsylvania Department of Agriculture. Many local restaurants and companies and individuals support this program with food and monetary donations. Also, many youth groups and volunteers from other churches help make this outreach possible.



We are always in need of volunteers!

The original plan was to have several "crews". One crew for setting the tables, one crew for cooking ,one crew for serving and one for clean up We usually start cooking around one o'clock which is also the time the table setting crew starts. Sometimes we do cook ahead on Tuesday depending on what the menu will be. Those who are serving the meal need to arrive at 4:45 P.M. and cleanup crew by 5:15 P.M. Weis Markets has been donating many products to us. We distribute them to the patrons. This has created a new job. We need people to supervise the distribution of these donations.

Remember your "pay" is a wonderful dinner and great fellowship for helping out. If you can only volunteer once and while, that is fine. Just let Ruth Ryan (570) 374-9872 know when and where you can help.



## MARTHA'S TABLE

Free community Meal

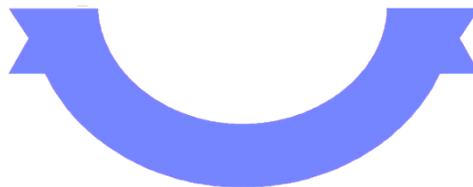
Serving 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays  
of the month



129 N. Market Street  
Selinsgrove, PA 17870

5:00 PM to 6:00 PM

Except December



## MARTHA'S TABLE

*Our mission is "to provide a wholesome,  
well prepared meal, at no cost, and a safe  
social outlet and venue for companionship  
to all people who come.*

### All Saints Episcopal Church

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