



On the first and third Wednesdays of the month (except December) members of All Saints host a community meal for anyone who wishes to come.

This outreach program was started in April of 2008. It originally was the dream of long time member Betty Keister. Betty's vision was to open our doors to the community for a nutritious meal served in a pleasant atmosphere. This became possible when All Saints Episcopal Church received a grant from Operation Understanding of the Diocese of Central Pennsylvania. This was used to purchase commercial refrigerators, a freezer and food for the first few meals.

From this beginning, Martha's Table has grown from thirty meals served to more than ninety twice a month. We now receive products from Pennsylvania Department of Agriculture. Many local restaurants, companies and individuals support this program with food and monetary donations. Also, many youth groups and volunteers from other churches help make this outreach possible.



# *Volunteers Welcome!*

We are always in need of volunteers!

The original plan was to have several "crews": one for setting the tables, one for cooking, one for serving and one for cleanup. We usually start cooking around one o'clock which is also the time the table setting crew starts. Sometimes we do cook ahead on Tuesday depending on what the menu will be. Those who are serving the meal need to arrive at 4:45 p.m. and cleanup crew by 5:15 p.m. Cleanup is usually finished by 7:30 p.m. It works best when we have 3 people for the dishwashing: one to scrape one to run the washer and one to put the dishes away.

Remember your "pay" is a wonderful dinner and great fellowship for helping out. If you can only volunteer once in while, that is fine.

## **Contact:**

**Ruth Ryan (570) 374-9872 or  
Dena Gentner (570) 884-3509**



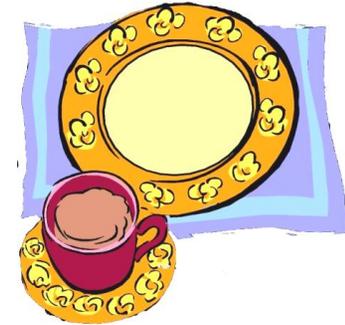
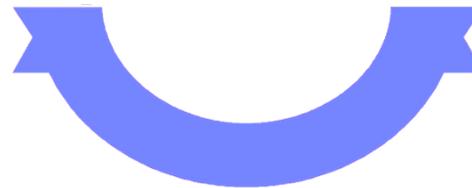
Free Community Meal

**Serving 1<sup>st</sup> & 3<sup>rd</sup>  
Wednesdays  
of the month**

**Except December**

5:00 p.m. to 6:00 p.m.

**129 North Market Street  
Selinsgrove, PA 17870  
(570) 374-8289**



## **MARTHA'S TABLE**

*Our mission is "to provide a wholesome,  
well prepared meal, at no cost, a safe  
social outlet, and a venue for  
companionship to all people who come.*



Mailing address: PO Box 119,  
Selinsgrove, PA 17870

Email: [allsaints@ptd.net](mailto:allsaints@ptd.net)

[www.allsaintsepiscopalofselinsgrove.com](http://www.allsaintsepiscopalofselinsgrove.com)